

Haley Tyson – class of 2021

TWO TIME Consecutive Level 10 J.O. NATIONAL TEAM MEMBER

Coaches: Marco Bravo, Jessica Holtz www.phenomgymnastics.com gym phone: 630-375-0055

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Youtube channel: <https://www.youtube.com/playlist?list=PLQwUa-TodLFwTyXm9MIx5NyCgVI0y0n3N>

Scores: go to mymeetscores.com or meetscoresonline.com

Accomplishments:

Level 10

2018 High scores

Vault 9.75 Bars 9.525 Beam 9.65 Floor 9.65 AA 38.150

2018 JO Nationals Vault 9.6 (9th) Bars 9.475 Beam 9.475 Floor 9.6 (1st) AA 38.150 (4th)

2018 Regionals Vault 9.575 (3rd) Bars 9.4 (3rd) Floor 9.65 (1st) AA 37.850 (3rd)

2018 IL State Vault 9.725 (2nd) Bars 9.525 (1st) Floor 9.625 (1st) AA 38.125 (1st)

2017 High scores

Vault 9.7 Bars 9.425 Beam 9.7 Floor 9.5 AA 37.875

2017 JO nationals Vault 9.475 Bars 9.475 (7th) Beam 9.425 (7th) Floor 9.4 AA 37.775 (4th)

2017 Regionals Vault 9.45 Bars 9.4 (3rd) Beam 9.525 (3rd) Floor 9.5 (4th) AA 37.875 (2nd)

2017 IL State Vault 9.6 (2nd) Beam 9.375 (3rd) Floor 9.325 (4th) AA 37.075 (3rd)

Vault: Competed Yurchenko full. Training Yurchenko 1.5 & double

Bars: Competed pirouette bail to uphill, Giants to double layout dismount.

Training Ray release & full twisting double layout dismount

Beam: Competed FF FF layout, switch leap switch leap 1/2, split jump back tuck, ROFF 1.5

Training FF layout layout, Aerial, and double back dismount

Floor: Competed double pike, front layout rudi, and double back

Training double layout