

Elite Core

Life Zone 360

999 West Main Street Dundee, IL

Admission for spectators: **Adults \$20, \$10 Children 5-10yrs old, Under 5, free Cash Only**

Saturday, February 28th

Xcel Bronze—Gymnast Check in at 10:45am Compete: 11:20am

Xcel Silver—Gymnast Check in at 1:55pm Compete: 2:25pm

Xcel Gold—Gymnast Check in at 4:45pm Compete: 5:25pm

Practice Changes:

Wednesday, February 25th: Level 4 make up from 5

Friday, Feb. 27th: Level 7-10 leave at 6pm; Level 6s practice 5-8pm;
Level 4s & Golds normal.

Saturday, Feb. 28th: Level 4s practice from 7-10am. NO PRACTICE EXCEL