

Kaitlin McHale - Class of 2023

2019 Level 9 Eastern Nationals Bar Champion

2019 Level 9 Eastern Nationals Region 5 Team Member

2019 Level 9 Region 5 All Around Champion

2019 Level 9 Region 5 Beam Champion

Coaches: Marco Bravo and Jessica Holtz **Gym Phone:** 630-375-0055

www.phenomgymnastics.com

Accomplishments

2019 – LEVEL 9

High Scores Vault 9.725 Bars 9.7 Beam 9.55 Floor 9.4 All Around: 37.675

Eastern Nationals Bars 9.700 (1st)

Regionals Vault 9.425 (5th) Bars 9.525 (2nd) Beam 9.350 (1st) Floor 9.375 (8th) AA 37.675 (1st)

IL State Vault 9.725 (2nd) Beam 9.55 (1st) Floor 9.4 (5th) AA 37.575 (2nd)

Skills

Vault

- **Completed:** Kaz Tuck
- **Training:** Kaz Layout ½

Bars

- **Completed:** Pirouette Bail, Free Hip Double Back
- **Training:** Arabian Double Front Dismount

Beam

- **Completed:** Side aerial roundoff series, split jump back tuck, front 1 ½ dismount
- **Training:** Front Aerial Back Tuck series

Floor

- **Completed:** Rudi, Front Layout, Front Pike
- **Training:** Double Arabians, Double Backs, Rudis

Education

Middle School

Thayer J Hill Middle School

High Honor Roll, Straight A Student