

Haley Tyson – class of 2021

TWO TIME Level 10 J.O. NATIONAL TEAM MEMBER

2019 REGION 5 ALL AROUND CHAMPION

2018 NATIONAL FLOOR CHAMPION

Coaches: Marco Bravo, Jessica Holtz www.phenomgymnastics.com gym phone: 630-375-0055

Athlete email: tysongsi@aol.com

YouTube channel: <https://www.youtube.com/playlist?list=PLQwUa-TodLFwTyXm9Mlx5NyCgVI0y0n3N>

Accomplishments:

Level 10

2019 High scores

Vault 9.875 Bars 9.65 Beam 9.625 Floor 9.80 AA 38.850

2019 JO Nationals Vault 9.525 (8th) Bars 9.50 (6th) Beam 9.3 Floor 9.375 AA 37.70 (8th)

2019 Regionals Vault 9.725 (1st) Bars 9.550 Beam 9.475 (3rd) Floor 9.475 AA 38.15 (1st)

2019 IL State Vault 9.775 (1st) Bars 9.65 (1st) Floor 9.675 (1st) AA 38.250 (2nd)

2018 High scores

Vault 9.75 Bars 9.525 Beam 9.65 Floor 9.65 AA 38.150

2018 JO Nationals Vault 9.6 (9th) Bars 9.475 Beam 9.475 Floor 9.6 (1st) AA 38.150 (4th)

2018 Regionals Vault 9.575 (3rd) Bars 9.4 (3rd) Floor 9.65 (1st) AA 37.850 (3rd)

2018 IL State Vault 9.725 (2nd) Bars 9.525 (1st) Floor 9.625 (1st) AA 38.125 (1st)

2017 High scores

Vault 9.7 Bars 9.425 Beam 9.7 Floor 9.5 AA 37.875

2017 JO nationals Vault 9.475 Bars 9.475 (7th) Beam 9.425 (7th) Floor 9.4 AA 37.775 (4th)

2017 Regionals Vault 9.45 Bars 9.4 (3rd) Beam 9.525 (3rd) Floor 9.5 (4th) AA 37.875 (2nd)

2017 IL State Vault 9.6 (2nd) Beam 9.375 (3rd) Floor 9.325 (4th) AA 37.075 (3rd)

Skills:

Vault: Competed Yurchenko 1.5, Yurchenko full

Bars: Competed toe handstand to bail, immediate uphill, Giants to full twisting double layout dismount. Also competed Ray to bail

Beam: Competed FF layout, switch leap straddle 3/4, split jump back tuck, Aerial to sissone, Round off 1.5

Training FF layout layout, and double back dismount

Floor: Competed double layout, front layout rudi

Training front layout double full, full twisting double layout, full in/full out, front tuck step out to double back