

Payton Hejza ~ Class of 2023

2019 JO Level 10 Region 5

Coaches: Marco Bravo, Jessica Holtz –gymphenom@sbcglobal.net

www.Phenomgymnastics.com

Gym Phone: 630-375-0055

YouTube videos: <https://www.youtube.com/channel/UCQUR2foajQ4Nr9frL9YPrw>

Or search Payton Hejza Gymnastics

Instagram: [paytonhejza.gymnastics](https://www.instagram.com/paytonhejza.gymnastics)

Accomplishments:

Level 9:

- 2019 Region 5 Regional Qualifier (injury petition, did not compete)
- 2019 Illinois State- Vault 2nd place
- High Scores: All Around: 36.725 Vault: 9.45, Bars: 9.075, Beam: 9.1, Floor: 9.325

Level 8:

- 2018 Region 5 Regional Qualifier- Vault 2nd place, Floor 10th place
- 2018 Illinois State- Vault 2nd place, Floor 3rd place
- High Scores: All Around: 36.8 Vault: 9.575, Bars: 8.9, Beam: 9.125, Floor: 9.525

Skills:

Vault:

- **Competed:** Yurchenko layout.
- **Training:** Yurchenko layout half.

Bars:

- **Competed:** Pirouette bail, two giants to double back.
- **Training:** Bail handstand, double layouts, toe handstand.

Beam:

- **Competed:** Full turn, switch leap, split jump, back tuck, back handspring back pike, round off full, front walkover.
- **Training:** Back handspring layout step out, cat leap switch half round off 1.5, side aerial, sideways split half.

Floor:

- **Competed:** RO BHS double back, RO 1.5 front pike, RO BHS 2 full/ 1.5
- **Training:** RO BHS double pike/ layout, front full front pike, rudi (layout step out)

Academics:

- Metea Valley High School, Aurora, Illinois
- Honor classes
- High Honors (All A's)